

The April meeting for AYHSC was held on April 2nd, 2015 from 5:30-7:00pm at the Whittemore Robbins House.

In Attendance:

Adults: Ivy Laplante, Karen Dillon, Kathy Hirsch, Carlene Newell, Lynn Horgan, Stephen Porciello, Tra Evrigenis, Colleen Leger, Liz Fischelis, Bryan McCormick, Jack Flood and Joe Curro

Students: Rosella Aluia, Cooper Schoenthaler and Laura Schoonmaker

I. Welcome

Introductions - Student Advisors and community members all introduced themselves and their respective roles in our community.

II. Old Business

March meeting minutes: Approve minutes from March. Carlene moved to approve and Colleen seconded all approved minutes from our March meeting.

Middlesex Partnership for Youth Event: On March 11th Ivy and four students from AHS attended the ending opiate abuse summit. Our students were the only youth there but found the event meaningful and informative. Chris Herren was the keynote speaker. Ivy relayed a story from the event about an officer who revived a baby with Narcan.

Elevator Speech: Ivy handed out copies of a "scripted" elevator speech for Coalition members to use as a foundation for their own speech.

Community Reads Event: on Thursday March 12th the Coalition partnered with Robbins Library and Right Turn to screen "Brought Up on Booze" a short documentary about the effects of alcoholism on children. The film generated a great community discussion and brainstorming session.

Michael Thompson Event at Ottoson: Ivy tabled at the event and handed out all of her materials. The event was very, very well attended. Over 400 residents came to hear Dr. Thompson speak about "It's A Boy" Understanding Male Development from Kindergarten through High School and it was a great event to conduct outreach.

ACMI Meeting: Ivy met with ACMI staff about conducting marketing outreach and producing student created PSAs.

III. Student Coalition Updates**Student Advisors Agenda Item: Youth Summit Report**

Karen, Rosella and Cooper described the Youth Summit on March 19th and the Coalition's involvement. It was a powerful and productive event.

Kick Butts Day: On March 18th, 7 youth went to the Statehouse with Mary Villano to participate in Kick Butts Day. Meanwhile during the AHS lunches members from Club 84 had a table where students could participate in the #NotaReplacement Selfie campaign. The selfie campaign generated interest and great involvement.

IV. Current Project Updates

- A. Sticker Shock:** The Arlington Youth Health & Safety Coalition will be participating in a "Sticker Shock" campaign after school. During a "Sticker Shock" groups of students and adults go into local liquor stores and place 3x3-inch underage drinking prevention stickers on cases of alcoholic beverages. The purpose of this national campaign is to raise public awareness about the minimum drinking age law, and to discourage people over 21 from purchasing and providing alcohol to minors. This is a fantastic opportunity to get involved in a community initiative and help keep students safe. We are looking for volunteers to participate.

B. 5 Why's: Problem Analysis focusing on Marijuana

The Coalition participated in a five why problem analysis and solution finder. We focused on the area of marijuana and engaged in a great topic analysis.

- B. Navigating the Teen Years:** Lynn Horgan, a former Coalition Coordinator talked about the development and rollout history of NTTY. It was facilitated by parents and involved a quiz and discussion. Program used to take place in host's homes, but moving forward we will have the program take place in the Whittemore Robbins House.

Laura S inquired if teens are involved in any way. They were not in the past but perhaps could be involved in the beginning of the session this time around, being mindful of the fact that we want the parents to have time for free discussion later. Lynn suggested having the teens review the materials and the Coalition agreed that this would be a good idea.

When we decide to roll out the program we will need involvement from parents. Maybe GGC parents to start?

IV. New Business

Potential for lockbox educational outreach to parents of children at the elementary school level.

It is almost prom season in Town which presents an great way to conduct outreach to parents. Drinking prevention activities could include providing information about social host laws, decorating a bus or cars with prevention stats, and/or designing a media campaign to target parents about provision of alcohol. An email blast to parents of juniors and seniors with a special edition Coalition Newsletter from Karen might also be effective.

What's happening in Arlington?**Meeting Adjournment**

Next Coalition Meeting - May 7th, 2015 at 5:30pm - Whittemore Robbins House